**Equine Weekend Clinics**

**Horse Tack for Riding and Ground Work**
This afternoon will give you basics in the tack needed to work with a horse. You will have the opportunity to broaden your knowledge in bits, bridles, saddles and ground work tools. Be sure to bring a list of questions and also tack if you have something you want to discuss in class. Class size is 10.

6868 WFD 048 FCC
Date: March 13
Day: Sunday
Time: 1:00 p.m.-4:00 p.m.
Location: Country View Equestrian Center
2192 Clarno Rd., Monroe, WI
Cost: $ 45
Instructor: Anki Fockstedt

**Retraining of Horses**
Need some ideas in retraining? When you know what basic routines should function it makes coming tasks together with the horse much, much easier. This class will give you diverse ideas how to proceed both in theory and practice. Class size is 6.

6869 WFD 048 GCC
Date: April 3
Day: Sunday
Time: 1:00 p.m.-4:00 p.m.
Location:Coun try View Equestrian Center
2192 Clarno Rd., Monroe, WI
Cost: $ 55
Instructor: Anki Fockstedt

**Colt Starting**
Come to Haywire Farms in the beautiful, rolling hills of Jo Daviess County and learn how to start a colt successfully. The clinician and head trainer on site with many years of experience will answer all your questions. Class size is 10.

6871 WFD 048 ICC
Date: April 9
Day: Saturday
Time: 10:00 a.m.-2:00 p.m.
Location: Haywire Farms
4543 W Longhollow Rd., Galena, IL
Cost: $ 65
Instructor: Joseph de Parasis

**Stress points in Horses**
Here is a perfect opportunity if you are curious and interested to know more about relieving stress in horses by using specific stress points founded by the American Jack Meagher. These hours will give you an idea of how, when and why to treat stress points in horses both in theory and practice. Class size is 10.

6872 WFD 048 ECC
Date: April 17
Day: Sunday
Time: 1:00 p.m.-4:00 p.m.
Location: Country View Equestrian Center
2192 Clarno Rd., Monroe, WI
Cost: $ 55
Instructor: Anki Fockstedt

**Credit Equine Courses**

**Tuition**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Date/Time</th>
<th>Location</th>
<th>Cost</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>6672 SPTP 260 A</td>
<td>January 10-May 9, 7:00 p.m.-8:45 p.m.</td>
<td>Country View Equestrian Center, 2192 Clarno Rd., Monroe, WI</td>
<td>$ 200 + tuition</td>
<td>Pulver</td>
</tr>
<tr>
<td>6672 SPTP 263 N</td>
<td>January 11-May 10, 6:00 p.m.-8:45 p.m.</td>
<td>HCC Freeport, room N125</td>
<td>$ 20 + tuition</td>
<td>Parasis</td>
</tr>
<tr>
<td>6724 SPTP 262 A</td>
<td>January 11-May 10, 2:00 p.m.-3:45 p.m.</td>
<td>Country View Equestrian Center, 2192 Clarno Rd., Monroe, WI</td>
<td>$ 140 + tuition</td>
<td>Widmer</td>
</tr>
<tr>
<td>6725 SPTP 263 N</td>
<td>January 11-May 10, 6:00 p.m.-8:45 p.m.</td>
<td>HCC Freeport, room N125</td>
<td>$ 20 + tuition</td>
<td>Parasis</td>
</tr>
<tr>
<td>6726 SPTP 264 A</td>
<td>January 12-May 11, 1:00 p.m.-2:45 p.m.</td>
<td>Country View Equestrian Center, 2192 Clarno Rd., Monroe, WI</td>
<td>$ 200 + tuition</td>
<td>Pulver</td>
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**Riding Instruction I**

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**Horse Handling II**
Proper communication methods. General and individual exercising plans. Ground driving/Long Lining- and Lunging programs. Class size is 10. 2 credits.

6726 SPTP 264 A
Date: January 12-May 11
Day: Wednesday
Time: 1:00 p.m.-2:45 p.m.
Location: Country View Equestrian Center
2192 Clarno Rd., Monroe, WI
Cost: $ 200 + tuition
Instructor: Pulver
Designed to offer something for every equine enthusiast, these clinics and courses cover topics from the basics of Riding and Training to the science of Equine Physiology and Equine Nutrition. Both theory and real world practice will be incorporated to bring the world of equine science to life. Courses are offered at HCC in Freeport and Elizabeth and at Country View Equestrian Center and Haywire Farms. Visit www.countryview-equestrian.org and www.haywirefarmsllc.com for directions.

**Riding I**
Basic riding and work on the lunge line. Correct use of the riding equipment. Safety procedures. English/Western styles. Class size is 10. 2 credits.
6730 SPTP 268 A
Date: January 14-May 13
Day: Friday
Time: 3:00 p.m.-4:45 p.m.
Location: Country View Equestrian Center
2192 Clarno Rd., Monroe, WI
Cost: $ 320 + tuition
Instructor: Fockstedt

For course specific information: email anki.fockstedt@highland.edu. To register for Equine Courses: call HCC at 815.599.3414

www.highland.edu.

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Equine Physiology
The study of skeletal, muscular, cardiovascular, and regulatory systems of the horse. Conformation. Effects of work-related mental and physical stress. Class size is 10. 3 credits.
6728 SPTP 266 WN
Date: January 13-May 12
Day: Thursday
Time: 6:45 p.m.-8:45 p.m.
Location: HCC West, room 126
Cost: $ 50 + tuition
Instructor: Parasis

Riding II
Coordination of the rider’s aids. Basic exercises and movements. Rhythm, suppleness and relaxation. English/Western styles. Class size is 10. 2 credits.
6729 SPTP 267 N
Date: January 13-May 12
Day: Thursday
Time: 7:00 p.m.-8:45 p.m.
Location: Country View Equestrian Center
2192 Clarno Rd., Monroe, WI
Cost: $ 320 + tuition
Instructor: Fockstedt

About the Lead Instructor: Anki Fockstedt
- 30 years experience with Swedish Riding Schools
- Certified Riding School Master in 2008
- Experience as an Equine Sports Massage Specialist since 1995
- Ms. Fockstedt’s teaching focus is on the importance of companionship between horse and handler

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Equine Massage II
More massage techniques than in Equine Massage I and in combination with Stress point Therapy by Jack Meagher. Treatments for different parts of the horse. Movements as a tool in the treatment session. Stretching of the horse. Class size is 10. 2 credits.
6727 SPTP 265 N
Date: January 12-May 11
Day: Wednesday
Time: 6:00 p.m.-7:45 p.m.
Location: Country View Equestrian Center
2192 Clarno Rd., Monroe, WI
Cost: $ 140 + tuition
Instructor: Fockstedt